

**LAKESIDE UNITED METHODIST CHURCH**  
**LAKESIDE LANTERN**  
**SHARING THE GRACE OF GOD IN OUR 62ND YEAR**

# SEPTEMBER

**Centers for Disease Control and Prevention.**  
**CDC 24/7 Saving Lives, Protecting People**

## How to Protect Yourself & Others

### Get Vaccinated



### Wear a mask

- If you are not fully vaccinated and aged 2 or older, you should wear a mask in indoor public places.
- In general, you do not need to wear a mask in outdoor settings.  
 In areas with high numbers of COVID-19 cases, consider wearing a mask in crowded outdoor settings and for activities with close contact with others who are not fully vaccinated.
- People who have a condition or are taking medications that weaken their immune system may not be fully protected even if they are fully vaccinated. They should continue to take all precautions recommended for unvaccinated people, including wearing a well-fitted mask, until advised otherwise by their healthcare provider.
- If you are fully vaccinated, to maximize protection from the Delta variant and prevent possibly spreading it to others, wear a mask indoors in public if you are in an area of substantial or high transmission.



### Stay 6 feet away from others

- **Inside your home:** Avoid close contact with people who are sick.  
 If possible, maintain 6 feet between the person who is sick and other household members.
- **Outside your home:** Put 6 feet of distance between yourself and people who don't live in your household.  
 Remember that some people without symptoms may be able to spread virus.  
Stay at least 6 feet (about 2 arm lengths) from other people.  
Keeping distance from others is especially important for people who are at higher risk of getting very sick.

### Avoid crowds and poorly ventilated spaces



## How to Protect Yourself & Others-continued

### Wash your hands often

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- It's especially important to wash:

Before eating or preparing food

Before touching your face

After using the restroom

After leaving a public place

After blowing your nose, coughing, or sneezing

After handling your mask

After changing a diaper

After caring for someone sick

After touching animals or pets

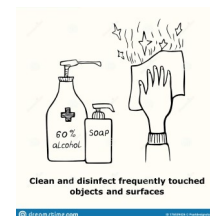


- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol**. Cover all surfaces of your hands and rub them together until they feel dry.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.

### Cover coughs and sneezes



### Clean and disinfect



### Monitor your health daily

- **Be alert for symptoms.** Watch for fever, cough, shortness of breath, or other symptoms of **COVID-19**.

Especially important if you are running essential errands, going into the office or workplace, and in settings where it may be difficult to keep a physical distance of 6 feet.

- **Take your temperature** if symptoms develop.  
Don't take your temperature within 30 minutes of exercising or after taking medications that could lower your temperature, like acetaminophen.
- Follow CDC guidance if symptoms develop.

**An Article by Pastor John Lestock of the Bethel Lutheran Church in Hudson. With all the information out there as to whether to mask or not mask consider his thoughts about what Jesus would do.**

Star-Observer

FAITH

# Would Jesus wear a mask?

**T**hese are crazy times we are living in!

As if we don't have enough division in the world already, now we seem to have a controversy over whether or not to wear a face mask when in public.



**PASTOR JOHN LESTOCK**  
Bethel Lutheran Church

Some object to it because they think it makes them look foolish. Others see it as an inconvenience or a violation of their rights. Others cite some of our leaders aren't setting the needed example. Still others claim facemasks don't

protect anyone, or that the whole COVID-19 crisis is a hoax.

We are a sadly divided people!

Yet the facts are, our health professionals (locally, regionally, and nationally) urge us to wear a mask when we are in a public setting.

Why? Because even though restaurants, bars and stores are opening up, the COVID-19 virus hasn't gone away.

As I write this article today, confirmed cases of the virus have

spiked in 20 states!

We are currently seeing one new confirmed case in St. Croix County each day, and our numbers have doubled over the past month.

And nationally, over 125,000 people have now lost their lives to this disease!

So can I ask you? .....

If Jesus were walking our streets today, do you think he would wear a mask in public? Why, or why not?

How do you think Jesus would suggest we best "love our neighbor"?

Would Jesus be concerned about being uncomfortable or inconvenienced? Would his concern be with his vanity and appearance?

Would you see Jesus arguing over his civil rights? Would he insult or make fun of those who were frightened for their lives?

Or, would Jesus discount the counsel of medical experts?

Think of it, friends: The Jesus we preach was willing to experience humiliation, suffering, and death to save the people he loved.

It seems to me, if Jesus would die on a cross for us, he would wear a mask for us.

He would do everything in his power to protect our well-being and show his care in practical ways ... like wearing a mask.

Christians should be leading the way in loving our neighbors and caring for the vulnerable. That is not just Jesus' job, it's your job and mine, too!

What troubles me most in seeing people in public places without masks is sensing our convenience now overshadows our caring.

Liberty has become more important to some than love.

And we have lost a sense of common courtesy and respect for those around us.

Wearing a mask is not the only way to show our faith and our values, but it is ONE of the ways.

As a pastor in this community of faith, I hope and pray this crisis will bring out "the best" in those of us who claim to follow Jesus.

I also hope you will be a living example of Christ's love, care, concern, compassion and respect for those around you.

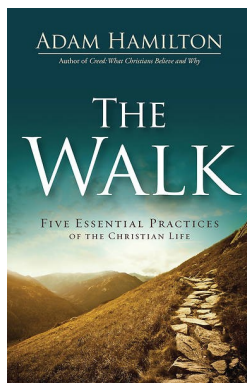
Please, when you're in a public setting, think about the good of others. Jesus does.

Put on your mask!

John Lestock is pastor of Bethel Lutheran Church in Hudson.

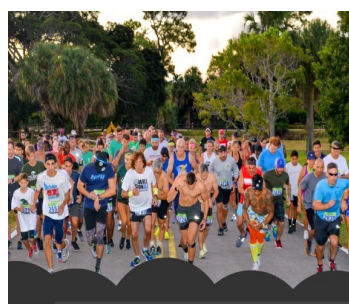
## BIBLE STUDY CONTINUES ON WEDNESDAYS AT 6 P.M.

Zoom and in person in the Fellowship Hall.



Examine five essential spiritual practices rooted in Jesus' own walk with God.

How do we walk with Christ—daily follow him, grow in him, and faithfully serve him? Join Adam Hamilton in *The Walk* and discover five essential spiritual practices rooted in Jesus' own walk with God. In each chapter, Hamilton's engaging teaching style will help you explore one of these practices—each of which is intended to be a part of our daily walk with Christ—its New Testament foundation, and its potential effect on our personal lives and our lives together as the church. Perfect as a standalone book or to create a six-week, church-wide study.



*Hustle to End*  
**HUNGER 5K**  
OCTOBER 2, 2021 | JOHN PRINCE PARK, LAKE WORTH



RunSignup  
RACE-SERIES

### Events

#### [Hustle to End Hunger 5K Run](#)

**\$40 7:30AM EDT - 10:00AM EDT**

**October 2, 2021**

**Price increases after September 1, 2021 at 11:59pm EDT**

**Timed Run/Walk    Untimed    100% Virtual**

**<https://runsignup.com/Race/FL/LakeWorth/Hustle2EndHunger5K>**

## An Epic Year of Gratitude and Praise

The only way through hard times is ... well, through them.

You can't go over, under or around difficult seasons.

You simply plow through, one step at a time.

Last year was hard. And that didn't go away  
because the calendar flipped to 2021.

But there is still good in *the* world.

August 19, 2021

## Haiti Earthquake: To Weep and To Hope

Rejoice with those who rejoice, weep with those who weep.

*Romans 12:15, ESV*

Right now we weep with our Haitian neighbors.

The Aug. 14 Haiti earthquake devastated the southern part of the country where over 17,000 children live. The latest reports from our Compassion Haiti National Office indicate that 6,000 Compassion-assisted children have been displaced, and at least 46 child development centers have been damaged or destroyed. .

My first reaction to the news of the most recent Haiti earthquake was to lament and ask, "Will Haiti's suffering ever ease? Will the Haitian people ever have enough time to rebuild before another disaster or conflict sets them back?" It reminds me of a Haitian proverb I heard while I was there in 2014: "Beyond mountains there are mountains." It means that just when you think you've solved a problem, another one appears.

But it occurred to me while working through my emotions that **I might be weeping FOR my Haitian neighbors rather than WITH them.** I think there is a difference, albeit subtle. For so long the rest of the world has seen Haiti as a nation to be pitied — little more than a sad charity case. Of course, as an organization that works to release children from poverty in Jesus' name, we cannot ignore the fact that Haiti is the most impoverished nation in the Western Hemisphere.

**But Haiti is more than that. It's also rich in culture, natural resources including oil and gold, and tropical beauty.** So when I started thinking about what it truly means to weep WITH my Haitian neighbors, I immediately thought of the meaning of compassion. The Latin prefix *-com* means *with*, and *passion* (*pati* in Latin) means *suffering* or *enduring*. **The word *compassion* literally means to suffer with.**

**So how do we weep with our Haitian brothers and sisters and show true compassion?** I think it starts with being brave enough to see things from their perspective without offering judgment or answers. Imagine what it's like to see a loved one die or not know whether they're alive. Imagine what it's like for your home and belongings to be destroyed. Imagine what it's like to lose your means of income as your community is thrown into chaos. **It's hard to let our hearts break open like this. But we must.**

**I hope this gives you hope that Haitians will once again rejoice, and when they do, we will rejoice with them.**

## United Methodist Women News

There have been so many changes in our lives during the past few months that sometimes fear, frustration and anxiety can creep in on us. We need to remember Philippians 4:6-7: "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Find a quiet place to pause and listen for God's voice (from the Upper Room).

The Bookworms Circle and Susanna Wesley Circles won't meet until whenever we can resume meeting at the church. Members will be notified of the next meeting and the meeting schedule will be discussed at that time. The book club that meets at Lakeside has had several zoom meeting for their book reviews. We do not plan to issue a new yearbook now so please use the current one for phone numbers.

Barbara, our Treasurer, has sent our pledge money to the district. Payment of our district pledge is one of the requirements for the Mission Today award. Our pledges also support many local and national projects. Even though the district payment has been made please consider completing your pledge for this year if you haven't done so. You might also consider giving an amount equal to the cost of a ticket to our luncheon that we were unable to hold this year.

Make checks payable to United Methodist Women. They can be sent to the church (1901 12 Ave. South, Lake Worth FL 33461) attention Barbara Russum/UMW.

When we do meet to make plans for a new year, we need to consider the following: What can we do to make a difference? How can we improve what we do? Your suggestions and comments would be appreciated.

Nancy Gettys, President

561-622-8309

Nancygettys13@hotmail.com



United  
Methodist  
Women

FAITH • HOPE • LOVE IN ACTION



## More Graduation Recognitions

### CONGRATULATIONS GRADUATES!!

**Erin Micale received her doctorate from Yale University for Physician Assistant. She is a professor at 2 universities and a nurse already. She plans to teach nurses in the future.**

**Monica Micale received her Bachelors Degree in Teaching from Oakland University. She plans to teach in the future.**

**Both young ladies are grand daughters of Angelo and Joan Micale.**

**God bless you in your future endeavors.**

### Book Club 2021 Selections

August Book Club will be in the choir room and on Zoom. We hope YOU will be ready to join us on AUGUST 16th at Noon.



#### **Book Club List for 2021.**

>> SEPTEMBER: Betty McMurchy - The Oysterville Sewing Circle by Susan Wiggs.

>> OCTOBER: Anne McCartney - Tilly and the Crazy Eights by Monique Gray Smith.

>> NOVEMBER: Planning Session for 2022 selections

>> DECEMBER: Holiday Luncheon

Keep on reading, we will need some good titles to plan our next years list.

## Hurricane Season Checklist 2021: What Floridians Need to Prepare

Hurricane season starts June 1st so it's important to stock up on all the essential items necessary to stay safe during a storm.

The last three years have seen four hurricanes make landfall in Florida and the National Oceanic and Atmospheric Administration (NOAA) is predicting an "above-normal" 2021 Atlantic hurricane season, with [13-20 named storms expected](#).

Because of the unexpected nature of these storms, Floridians are encouraged to have at least seven days worth of supplies on hand.

Before hurricane season begins, it is important to gather the following supplies and store them in your home. Be sure to include items that will be necessary during a pandemic.

Should you need to go to an evacuation center, pack as many items as possible into an easy-to carry waterproof container such as a backpack or duffle bag, but keep in mind the 20-square-foot space limitation. Here are some key items to pack:

- At least one gallon of water per day, per person for three to seven days
- Non-perishable snacks and packaged or canned food for at least three to seven days
- Manual can opener
- Change of clothing, rain gear and sturdy shoes
- Bedding for a small space
- Prescription medications
- Personal hygiene items
- Special items such as food for infants, elderly or disabled family members
- Garbage bags
- First-aid kit
- Fully charged portable electronic devices with charger
- Quiet games, toys or reading materials
- Eyeglasses, contact lenses, hearing aid with extra batteries
- Pet care items, including food and water
- Flashlight, battery-powered radio and batteries
- Extra set of car keys
- Cash
- Important documents in a waterproof container or bag
- Face coverings for every member of your household
- Hand sanitizer



In addition to having all your necessary supplies, make sure you know your [evacuation zone](#) and the [evacuation plan](#) for your area.



## **Matthew Meals**

**WE HOPE TO HAVE MATTHEW MEALS IN SEPTEMBER. DUE TO THE RISE IN THE COVID NUMBERS IN FLORIDA, WE WILL HAVE TO LOOK AT HOW WE PROVIDE THE MEALS TO THE PUBLIC SO AS TO PROTECT OUR WORKERS AND THOSE IN THE COMMUNITY. WE WILL LET YOU KNOW WHEN WE HAVE MORE DETAILS. HOPEFULLY, THERE WILL BE MATTHEW MEALS ON SATURDAY, SEPTEMBER 25TH AT THE USUAL TIME 4:30—6 PM. WE WILL ANNOUNCE FROM PULPIT AND PUT INFORMATION OUT ON THE CHURCH WEBSITE AS WE KNOW MORE.**

## **CARING FOR OURS AND OURSELVES IN THESE HARD TIMES**

### **FOOD PANTRY MINISTRY**

**THE CROS FOOD PANTRY IS ON THE 1<sup>ST</sup>, 3<sup>RD</sup> AND 5<sup>TH</sup> THURSDAY OF EACH MONTH IN THE AFTERNOON.**

**Remember all you need to bring is a picture ID and something with your current address on it. The next Food Pantries will be on Thursdays, September 2nd, 16th, & 30th from 4 – 6 PM. We will be partnering with CROS Ministries, who will be bringing the food to pass out from their truck.**

**At this writing they will still be coming to give out already bagged food to people. Because the Pantry is held outside on the porch if it is raining they do not come.**

**Church and Mission giving**– Our giving has to be modified to accommodate the new reality of not gathering in person. Electronic giving through PayPal is the best way to do this. Many of you are already on our giving platform. If you are not giving electronically, this would be a good time to do that. You can click on the giving option on our website at [lakesideumchurch.org](http://lakesideumchurch.org) under the GIVING banner

If you prefer to make your gifts by check, you can mail it to:

Lakeside UMC,  
1901 12<sup>th</sup> Avenue S.  
Lake Worth, FL 33461

## PRAYER REQUESTS

**Pastor David**  
**Police and Military personnel**  
**Health Care workers and First Responders**  
**COVID-19 deaths and illness**  
**Haiti Earthquake victims**  
**Afghanistan**  
**Cancer:**  
**Marilynne Tilley**  
**Lane Laubscher**  
**Kathy Staszak, colon cancer**



**Other Health:**  
**Beverly Knapp**  
**David & Marilyn VanVleet**  
**Helen Branson**  
**Wanda Laubscher- Lupus.**  
**Selburn & Joan Dacres**  
**Carl Linderson-Meniere's Disease/vertigo**  
**Don & Peggy Morphesis**  
**Vinnie Manna**  
**Beverly Engler-Manor Care Delray**  
**Maryann Davis**  
**Albert Jordan**  
**Debby & Jim Aliff**  
**Marcia, Nanci Branson's supervisor**  
**Debby, friend of Barbara Russum**  
**Chrissy, Destiny & Monica Harden**  
**Beverly Josefson**  
**Donna Pylman Linderson**  
**Ken & Linda Friend**  
**Gary Orrock**  
**Mary Ann Giel**  
**Kathy Chandler in Hamlin Place on**  
**Hypoluxo road.**  
**Donna Harris**

**Dan & Mo Walsh**  
**Nanci Branson**  
**Maggie Bodwell, grand daughter of the**  
**Krugers**  
**Jeanette King Family, all have COVID.**  
**Mike Ryals aunt/uncle in NC with COVID.**  
**Lydia Johnson**  
**Tom Roenbeck**  
**Bob Matthews**  
**Carol Kibler who is hospitalized with**  
**Covid.**  
**Jean Crawford's son Ray and family in**  
**Melbourne who all have the virus.**

Lakeside United  
Methodist Church

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www.lakesideumchurch.org

David Branson, Pastor

Newsletter Editor:

Carolyn Ludwig

Don't see your  
September birth-  
day listed?

Please let us  
know.

Happy Birthday!



### September Birthdays

2 Sheila Meyer

8 Sharon Merrill

9 Gary Orrock

12 Heather Garrett Polson

Darlene Church

13 Nancy Gettys

Sherri (Fralick) Fullilove

15 Dorothy Breese

Mary Layman

16 Gary Fitzgerald

Marisela Sanchez Rodriguez

19 Violet Simmons

26 Keegan Russum

29 Matthew Going

30 Peter Walters

**We have a Place for  
You!**

### **Lakeside United Methodist Mission Statement**

Sharing the grace of God through: Worship,  
Sacraments, Fellowship, Prayer, Study, Service,  
Witness, and Love.

### **Vision Statement**

Be a welcoming church reaching people with  
God's love within our community and  
beyond.



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### **You're invited to attend the Regional Fall Charge Conference**

Date: Sunday, October 10, 2021

Time: 2:00 PM

Location: Community of Hope | 10600 Okeechobee Blvd, Loxahatchee, FL  
33411 (Host Church)

Welcome and Opening Prayer Host Church Senior Pastor

Worship Host Church Worship Team

Message Rev. Dionne C. Hammond, District Superintendent

Happening in the AC District

Charge/Church Conference Business Meeting